

## CONTEST GUIDELINES AND RULES

1. **Entries must be postmarked by April 30, 2026**
2. **NO NAMES ON THE FRONT OF ANY ENTRY.**
3. All entries must include the following information on the **COVER PAGE**.
  - a. Participant's first and last name
  - b. Age and grade in school
  - c. The name and address of participant's parish, including city and state
  - d. Parents of minors (under 18 years of age) should sign a permission slip and attach it to the entry. In the event their child wins first place, we would like to publish the entry in the UOL bulletin. If a permission slip is not attached, the entry will not be published.
4. Drawings no larger than 12" x 18" and **NO NAMES ON THE FRONT OR BACK OF THE DRAWING**. Use the Cover sheet to identify the drawing.
5. Written entries must be on 8 ½" x 11" papers. Include a cover page with the identifying information listed above. Entries for 9<sup>th</sup> grade and above must be typed or printed.
6. **Emailed entries must be scanned in and emailed. DO NOT TAKE PHOTOS OF THE ENTRIES. Emailed entries be time stamped no later than 7:00 PM on the deadline date.**

**ALL ENTRIES WILL BE JUGED FOR CONTENT, CREATIVITY AND NEATNESS.**

**Mail entries to**

UOL Essay Contest

C/O Teresa Linck

413 Juniper Ln

Cheshire, CT 06410

Or email entries to: [tlinck.essays@gmail.com](mailto:tlinck.essays@gmail.com)

**No entries will be accepted after the posted deadline.**